

Food Services Director: Jennifer Wilinsky
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Please check the District Website, Food Services Tab to learn more.

Sign Up for SchoolCafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District Middle School Breakfast Menu January 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.	Monday	Tuesday	Wednesday	Thursday	Friday
	1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	No School Happy New Year!	No School	Assorted Cereal & Muffin Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	WG Chocolate or Powdered Donut Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
 HEALTHY EATING	No School	Mini Cinnis Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancake Bites Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon Toast Crunch Filled Bar Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	WG Chocolate or Powdered Donut Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon French Toast Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Waffles Applesauce Cup Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Mixed Fruit Cup Fresh Fruit 100% Fruit Juice Assorted Milk
	29-Jan	30-Jan	31-Jan		
 HEALTHY EATING	Muffin & Yogurt Cup Craisins Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Cinnis Apples Fresh Fruit 100% Fruit Juice Assorted Milk	Assorted Cereal & Muffin Peach Cup Fresh Fruit 100% Fruit Juice Assorted Milk		
The Knight Breakfast Meal Deal * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose ONE Entree: Daily Entree Special Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving) *Menu is subject to Change* The institution is an equal opportunity provider.					